

**ULLA KRISTIINA LAAKSO, MD**

**PLEASE PRINT AND ANSWER ALL QUESTIONS      DATE OF VISIT \_\_\_\_\_**

**LAST NAME** \_\_\_\_\_ **FIRST** \_\_\_\_\_ **M.I.** \_\_\_\_\_ **AGE:** \_\_\_\_\_

Address \_\_\_\_\_ Apt. \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ SS# \_\_\_\_\_ Tel: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell: \_\_\_\_\_

Single    Married ( \_\_\_ Times)    Divorced ( \_\_\_ Times)    Separated    Living with Partner    Roommate    Widow(er)

No. of Brothers \_\_\_\_\_ No. of Sisters \_\_\_\_\_ Your Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Disabled: Yes    No    If yes, since: \_\_\_\_\_ Your Children and Ages \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_

Telephone \_\_\_\_\_ Address \_\_\_\_\_

Insurance Co. \_\_\_\_\_ Group ID# \_\_\_\_\_

**Main Reason for Visit** \_\_\_\_\_

Referred by \_\_\_\_\_ Tel. \_\_\_\_\_

Current Therapist \_\_\_\_\_ Tel. \_\_\_\_\_

Primary Care Doctor \_\_\_\_\_ Tel. \_\_\_\_\_

Date of last complete physical examination \_\_\_\_\_ ( ) Normal    ( ) Abnormal

If Abnormal, explain \_\_\_\_\_

Please list ALL CURRENT Medications with  
Dose: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_      Are you trying to lose weight?    Yes    No

Please state how long you had to wait for an appointment \_\_\_\_\_

Was this satisfactory?    Yes    No      Too Long?    Yes    No

**Have you ever had any of the following problems?**

Diabetes   High Blood Pressure   Heart Trouble   Lung Trouble   Kidney or Urine Trouble   Seizures   Ulcers  
Cancer   Arthritis   Medication Allergies   Other Allergies   Thyroid Disease   Head Injury   HIV / AIDS   Migraines

Explain: \_\_\_\_\_

\_\_\_\_\_ ***NONE (no health problems)***

**Stressful Life Events in Past 12 Months (circle all that apply)**

***None***   Marital Problems   Financial Problems   Legal Problems   Sexual Difficulties   Retired   Lost Job

Death of \_\_\_\_\_   Break-Up of Important Relationship   Difficulties with: School   Work

NAME \_\_\_\_\_ DATE \_\_\_\_\_

**Difficulties with Sleep, Appetite, Concentration, Energy, Sex Drive (circle)**

Falling Asleep      Awakening 3-5 AM      Decreased Concentration      Decreased Appetite

Increased Appetite      Decreased Sex Drive      Increased Sex Drive      Decreased Energy

**Do you worry more than other people?** Yes No    **Do you ever become anxious for no clear reason?** Yes No

**Do you ever become depressed for no clear reason?** Yes No

**Have you ever had Panic Attacks?** Yes No    From age \_\_\_\_\_ to age \_\_\_\_\_    Is it ongoing? \_\_\_\_\_

Each attack lasts how long? \_\_\_\_\_    **Do you or others describe you as moody?** Yes No

**Are you more impulsive than other people?** Yes No

**Have you ever suffered from Bulemia?** Yes No    From age \_\_\_\_\_ to age \_\_\_\_\_

**Have you every suffered from Anorexia?** Yes No    From age \_\_\_\_\_ to age \_\_\_\_\_

**Smoking:** Never    Rarely    Packs/Day \_\_\_\_\_    Age Began \_\_\_\_\_    Age Quit \_\_\_\_\_

**Amount of Alcohol Intake:** None    Little    Moderate    Large    Blackouts    DT's

How often do you consume alcohol? \_\_\_\_\_    Quantity \_\_\_\_\_

Were you ever referred to AA? Yes No      Did you attend?      If yes, when?

**Have you ever used Drugs?** Yes No    If yes, please circle the ones you took::

Marijuana    Cocaine    Crack    Amphetamine    Heroine    Opiates    PCP    LSD    Hallucinogens

Barbiturates    Sedatives    Other \_\_\_\_\_    When did you last use drugs? \_\_\_\_\_

Which Drug? \_\_\_\_\_    Were you ever referred to Drug Abuse treatment? Yes No

Describe: \_\_\_\_\_

**Have you ever seen a therapist?** Yes No      At what age was first visit?

For what problem? \_\_\_\_\_

**Have you been hospitalized for psychiatric problems?** Yes No

How many times? \_\_\_\_\_    Last hospitalization?

\_\_\_\_\_

Year	Problem	Hospital

**Have you ever thought of Suicide?** Yes No Attempted it? Yes No Thinking about it now? Yes No

How many times? \_\_\_\_\_ Method \_\_\_\_\_ When was the last time? \_\_\_\_\_

**NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_

Has any *BIOLOGICAL* family member ever attempted suicide? Yes No Who? \_\_\_\_\_

Has any *BIOLOGICAL* family member committed suicide? Yes No

Who?

\_\_\_\_\_

How?

\_\_\_\_\_

Have you ever physically hurt another person? Yes No Thinking about it now? Yes No

**Have you ever been prescribed psychiatric medication?** Yes No

If yes, please list in order, starting with the first medication you ever took.

*Include the medication even if you only took it once, or for one day.*

<i>Age</i>	<i>Medication</i>	<i>Dosage</i>	<i>For How Long?</i>	<i>Did it Work</i>	<i>Side Effects</i>

Did any medication work at first, then stopped working? If yes, which one? \_\_\_\_\_ No

Did any medication make you 'hyper' or anxious? If yes, which one? \_\_\_\_\_ No

**Office Policy, Authorization to Release of Information and Privacy Statement**

All patients are to be aware and acknowledge that there is a cancellation fee for missed or cancelled appointments without \_\_\_\_\_ at least 3 days prior notice.

The fee charged will be the total of the insurance payment plus the co-payment. Please be aware that insurance companies \_\_\_\_\_ cannot be billed for these missed visits. These fees are your responsibility.

I agree to this office providing my medical information to my Primary Care Physician and Therapist, including medication and diagnosis, as required by my insurance company.

By signing your name below, you acknowledge and confirm that you understand and accept this policy, as well as receiving the notice of privacy practices for protected health information.

\_\_\_\_\_  
Signature of Patient or Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Patient Printed

\_\_\_\_\_  
Name of Patient Representative and Relationship (if applicable)